

Holy Nativity Christian Child Care Center

Parent Handbook

Effective January 2012

“Growing loving followers of Christ”

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Introduction

Welcome to Holy Nativity Christian Child Care Center! We are delighted that you have chosen us to care for your child. We look forward to getting to know your child and your family, and serve you in the best way possible. This handbook serves as one form of communication between us and the families in our care. It is our hope that you will read over this Parent Handbook upon enrolling your child and will clarify any questions with the Director promptly. Thank you and welcome!

Mission Statement

This Center is a ministry of the church, a way of meeting the needs of children and their families, including sharing the Gospel of Jesus Christ. Through the Center, the church commits itself to the social, physical, emotional, spiritual, and intellectual well-being of children. All the work of the center is rooted in the Gospel of Jesus Christ, whose name is proclaimed with love. The Center commits itself to an inclusive ministry serving people regardless of their race, language, ethnicity, gender, social, or economic background. The Center commits itself to fair and equitable employment practices, including non-discriminatory hiring, just compensation, and affirmative action. The Center commits itself to strive toward the highest standards of excellence in this ministry.

Program Objectives

- To provide a warm, nurturing environment that encourages the development of the whole child
- To provide an environment that is based on successful experiences, which encourage all children to develop a healthy self-concept and positive self-esteem
- To offer an environment that encourages children to develop their capabilities and interests at their own pace and according to their individual needs
- To offer a program that recognizes the uniqueness of each and every child and provides positive encouragement for the child's continued growth
- To create an environment that provides the child with the opportunity to learn by doing and moving from hands-on experiences to more abstract concept development
- To provide opportunities for a lifetime of creative living and learning

Our Christian Influence

We seek to spiritually nurture the children in our care by combining the teaching of God's Word at an age-appropriate level with the modeling of Christ-like love and behavior from the staff. The following are the ways in which we foster spiritual development in our children:

1. They sing religious songs and say a table prayer before their meals.
2. Toddlers and Preschoolers learn about Jesus during Jesus Time and in other formal meetings.
3. Toddlers and Preschoolers participate in weekly Chapel on Fridays with Pastor Jason Wahlstrom.
4. They learn about the wonders of nature and of the blessings of families.
5. We celebrate the Church holidays: Thanksgiving; Christmas; and Easter.
6. To develop their relationship with God, the children will be taught the following Bible truths:
 - The True God is Triune: Father, Son, and Holy Spirit.
 - All people are born sinful.

- . Sin separates us from God.
- . The Holy Spirit brings us to God through the Word of God and Baptism (we believe in infant baptism).
- . God's will for us is revealed in the Ten Commandments.
- . Jesus came to take away the sins of the world.
- . Everyone who believes in Jesus and is baptized has forgiveness of sins and everlasting life.
- . As God's children through faith, we can pray to Him and He will answer our prayers.
- . We want to obey God out of thanksgiving for His love for us.

Program Information

Days and Hours of Operation

HNCCCC is open from 7:00 A.M. to 6:00 P.M., Monday through Friday, year round except for specific holidays and scheduled closings.

Ages Served

Children ages six weeks to five years of age are served through this program. Children are grouped according to the following age categories:

Infants: Six weeks to 15 months

Toddlers: 16 months to 32 months

Preschoolers: 33 months to five years of age

We are licensed for a capacity of 48 full time children. The infant program is licensed for ten children, with a ratio of one caregiver for every four infants. The toddler program is licensed for 13 children, with a ratio of one caregiver for every seven children. The preschool program is licensed for 25 children, with a ratio of one caregiver for every ten children. The ratio of children to caregivers is in effect at all times and children are never left unsupervised.

Staff Qualifications

In accordance with the Minnesota Department of Human Services (referred to as DHS in this handbook), all staff will meet or exceed the required qualifications and continuing education. By adhering to the requirements for staff development and maintaining proper staff to child ratios, it is our belief that we maintain an environment which facilitates the emotional, social, physical, intellectual, and spiritual development of each child.

Licensure Status

Holy Nativity Christian Child Care Center is licensed by the State of Minnesota through the Department of Human Services and, therefore, complies with the Child Care Regulations presented in MN Statute 9503 (Rule 3). If parents wish to contact the Department of Human Services, the number is 612.296.3971.

Data Privacy

Records concerning your child, i.e. enrollment forms, health records, observation records, and written parent-teacher conferences reports and all other information about your child, is confidential information and will only be accessible to you, the director, your child's teachers, and a person designated by the state licensing department to review our records for licensing purposes.

Enrollment

Enrollment Procedures

Once your family has decided to enroll your child at Holy Nativity Christian Child Care Center, you will be asked to fill out the Enrollment Form and pay the necessary fees. A non-refundable registration fee of \$50.00 and a two-week non-refundable tuition deposit is due at the time of

enrollment. This deposit will guarantee your child’s spot and is to be credited toward the first two weeks of the child’s attendance. Further tuition payments are due bi-weekly from the time the child starts, in accordance with the tuition schedule.

Intake Meeting

Before your child’s first day at HNCCCC, parents should arrange an appointment with the Director to further visit the center, meet the teachers, and discuss the needs of the parent and child. This will serve as a time to get acquainted with the Center and the daily activities and routines of your child’s classroom. At that time the Director, teachers, and parents will work together to develop a plan to meet the individual needs of each child. All enrollment paperwork, including a Health Summary and Immunization Record signed by your child’s physician, are to be completed before your child’s first day at HNCCCC and can be obtained during this intake meeting.

Programming and Curriculum

Program Plan

The infant, toddler, and preschool teachers have each written a program plan for their rooms.

A Program Plan consists of:

- Each teaching team’s philosophy of education for their room
- Some goals, objectives, and activities that will help the children develop intellectually, physically, socially, spiritually, and emotionally
- A daily schedule for the classroom

This plan is located in the Director’s office and is available for parents’ inspection at anytime. If desired, a copy of the program plan will be e-mailed to you. Talk with your child’s teacher or the Director to look at the plan.

The Preschool Room has a full preschool curriculum available to all three to five year old children.

Daily Program

Our curriculum and activities are guided by the document *Developmentally Appropriate Practices* from the National Association for the Education of Young Children.

When your child arrives at the Center, they will be greeted by a staff member and given the freedom to get adjusted to the environment. During the day, your child will experience various learning activities through interest centers, small and large group situations, and play. Other than scheduled snack, lunch, and nap times, the daily program will change with the addition or deletion of curricular events. The daily schedule and corresponding lesson plans will be posted in each room outlining all planned activities and events. Some events in the daily program can include:

Quiet	Active	Teacher-Directed	Child-Initiated
Puzzles Manipulatives Books Sensory Table Water Table Art Center	Dramatic Play Centers Balls Jump Ropes Bean Bags Slides Blocks Riding Toys Tunnels Shovels/Buckets	Music Stories Calendar Weather Show and Tell Jesus Time Art Projects Large Muscle Meals Extracurricular Classes	Dramatic Play Blocks Manipulatives Books Sensory Table Water Table Puzzles Art Center Science/Math Center Riding Toys

A teacher is always nearby to lend support when needed. A teacher will help your child when they momentarily lose control of materials, equipment, or even emotions. A teacher is always nearby to answer a question, offer a challenging statement, or make an asked for suggestion – always keeping in mind each particular child’s current level of achievement, interest, ability, and needs.

Arrival and Departure

Security Card Access

Upon enrollment at Holy Nativity Christian Child Care Center, families will be given one security card each for a child’s mother and father. No cards for grandparents or other family members will be given out unless they are the legal guardian of an enrolled child. No person shall be admitted to the Center building without their security card or without direct access by the Director or another staff member at the Center. If you lose your security card, there will be a ten dollar (\$10.00) replacement fee.

Daily Arrival Procedures

Upon arriving at the Center, you are fully responsible for your child until you have physically brought your child to your child’s classroom and greeted your child’s teacher. Upon entering the building, you are to sign your child in on the attendance sheet provided on the clipboard in the foyer. At this time, you are also to fill out the top portion of a daily note for your toddler or preschool child. The infant daily sheets can be found in their classroom. Be sure to identify, in writing, who will be picking your child up that evening, especially if it is someone other than a parent. If you have other special information, be sure to leave a note in the space provided. The parent and child should then continue to the muscle room to place all hats, mittens, jackets, snowpants, boots, etc. in your child’s cubby. Allow your child to put away as many of their own belongings as possible. Continue to your child’s classroom to put away any items in their classroom cubby (such as blankets, extra clothes, etc.) and then after your child is ready for the day, greet your child’s teacher. This creates a pleasant transition from home to the Center and ensures that you have informed us that your child has arrived for the day. If you wish to share any information with the teacher, this is the time to do that.

Daily Pick-Up Procedures

When you pick up your child at the end of the day, please be sure that you sign your child out on the attendance sheet. Let your child’s teacher know that they will be leaving the Center. This ensures that your child has a smooth transition from the Center to home by daily communication between your child’s teacher and yourself. If the children are on the playground, please pick up your child through the doors from the Preschool Room or the large muscle room and be sure to tell the teachers that you are leaving with your child. Do not pick them up over the fence or by the parking lot. We believe that it is the parent’s responsibility to verbally say good-bye to the staff before leaving with their child each day. If your child is involved in a play activity when you arrive, help us be consistent by reminding your child to clean up whatever activity they were involved in. Please take home your child’s art projects, soiled clothing, and other necessities each day.

Late Pick Up Fees

If you arrive at the center after 6:00 P.M., your key card will not work. At this time you will owe a late fee of \$1.00 for every minute past 6:00 P.M. that you are late, payable directly to the teacher. If you know you are going to be late, please call the Center and leave a voice mail or talk with a staff member.

The following steps will be taken if you are over one hour late in picking up your child from the center:

1. Continue trying to contact the parent at work, home, or the location listed on daily sheet,
2. Call an emergency number located on your child’s registration form and have that person pick up your child,
3. Staff will notify the Director while they continue to contact the parent,

4. If after one hour there still has been no contact with a parent or an emergency contact person, the New Hope police will be called.

Authorization to Pick-Up Children

No child will be released to a person **not authorized** by a parent to pick up their child. On your child's medical emergency card there is a section in which to list persons authorized to pick up your child from day care. Only those persons are authorized to pick up your child. If an alternate pick-up is necessary on a non-emergency basis, it is your responsibility to inform your child's teacher and/or the Director, in writing on your child's daily sheet, each time a special pick-up is needed. If someone arrives to pick up your child and they are on your child's authorized pick-up list, but you have not informed us of this change, you will be called to verify that they are allowed to pick up your child that day. This alternate person will also need to show identification.

The staff reserves the right not to let a child leave the Center if they feel that the child would be placed in an unsafe situation. If the situation should arise, an alternate method of transportation will be suggested.

Custody Arrangements

When parents do not reside in one household, the parent listed on the registration form will be considered the child's primary parent. All communications about the child will be with the primary parent.

The Center will abide by all court-ordered custody or visitation arrangements. Please share those orders with the Director when appropriate. She will ensure all staff members are aware of the limits around access to the children.

If, however, there is no such order, the Center must remain neutral on all issues relating to the custody dispute, and—by law—we cannot restrict access to the child from either parent.

Tuition, Credit, and Absence Information

Holy Nativity Christian Child Care Center is a non-profit organization that relies solely on the tuition payments made by each family. It is essential that fees be paid promptly and regularly. All fees must be paid for the days your child is registered to attend.

Tuition Information

A list of current tuition rates can be obtained from the Director. There are different tuition rates for each of the following scenarios: part time (2-3 days per week) and full time (4-5 days per week) Infants, Toddlers, and Preschoolers. Tuition rates are reviewed periodically and are subject to change. Parents will be given a 60 day written notice before revised rates become effective. Not included in tuition are fees for field trips and catered hot lunch. Participation in those events are paid for at an extra cost to parents.

Method of Payment

Tuition payments are made in advance of service. Fees are due bi-weekly, in accordance with the tuition schedule provided to you by the Director. They are due on the first day your child is scheduled to attend that week. Checks are made payable to **Holy Nativity Christian Child Care Center** or **HNCCCC**.

The Center does have contracts with Hennepin and Carver County Human Services Departments to provide child care for low-income families. For more specific information, contact the Director.

Late Payment Fee Policy

Starting with the first day your child is scheduled to attend each week, after three days of non-payment, a late fee will be incurred. A fee of 10% of the total amount due will be added to your

child's invoice. In the event that a family's account falls behind by two weeks, the child will not be allowed to continue at the Center until all tuition is paid. A \$25.00 fee will be charged to your tuition account if a tuition payment is made by a check that is returned for non-sufficient funds.

Holidays

Tuition will remain the same during periods that contain Center closings for holidays, weather, and staff inservice days. The Center is closed on the following days: New Year's Day, Good Friday, Easter Monday, Memorial Day, July Fourth, Labor Day, Thanksgiving and the day after, Christmas Eve, Christmas Day and the day after. In addition, the Center will close for two staff inservice training days per year, one in the Spring and one in the Fall. The Center will close early for our Annual Family Picnic (5:00 P.M.), Annual Christmas Program (5:00 P.M.), and New Year's Eve (4:00 P.M.). Look for those days to be announced in the list of annual Center closings. **Regular weekly fees remain in effect during holiday weeks.** The only days tuition is unpaid are the days after Thanksgiving and Christmas. The Director reserves the right to add days of closing, depending on the days of the week holidays fall on that particular year.

- Furthermore, the week in between Christmas and New Year's is open on an as-needed basis. A sign-up sheet will be up approximately two months prior to the holiday. Signing up for care means that you will pay for those days, whether or not your child does in fact attend; if you do not need care, you will not sign up, and then you do not need to pay for those days.

Tuition Credit Policies

Full tuition payments are due each week regardless of your child's attendance due to illness, vacation, holidays, and unforeseen closings of the Center. Our expenses and bills are still due even when your child does not attend, and tuition money is our only form of income. However, exceptions will be made for the following scenarios (all at the discretion of the Director):

1. **Unforeseen Circumstance:** In the event that an unforeseen circumstance closes the Center (i.e. snow day, major building maintenance, etc.) tuition will still be billed at the weekly rate unless it is for an extended length of time (three days or more).
2. **Sick Credit:** In the event that a child is absent for more than one week due to a severe illness or hospitalization, the sick credit rate of half your child's weekly rate applies for the second week of illness and beyond.
3. **Vacation Credit:** A space leave allowance of two weeks per year your child is enrolled at the Center is provided to ensure that a child's place remains even while the child is not present. Upon your child's first anniversary of being enrolled at HNCCCC, you will be entitled to two weeks (or two days multiplied by how many days a week your child attends HNCCCC) of vacation credit (time for which you will not have to pay tuition). You can use these two weeks in any amount of time (i.e. one day; two days; two weeks at a time) and you are to give the Director written notice two weeks in advance of using any vacation credit time.
 - During extended leaves of absence (including maternity leave and summers off), these two weeks will be used (forfeited).
 - Your tuition account must be current before vacation credit can be used.
 - Children must be absent from the Center during the time vacation credit is used.
 - Families may request vacation credit for illness, holidays/center closings, or any other absence.
 - Unused vacation credit will not be credited by the Center.
 - Vacation credit is not cumulative from year to year.

Extended Absences and Maternity Leave

If a child will be out of the Center for four weeks or longer, for any reason, the parent's vacation allowance of two weeks will be used at this time. Similarly, if you arrange for your child to drop from full time enrollment to part time enrollment for a period of longer than four weeks, and then return to full time status within three months, your two week vacation allowance will be forfeited. If your child will not return to full time status within three months, your full time spot will not be

held. Arrangements are to be made with the Director for any extended absence, and these are not guaranteed.

Termination of Care

A two-week written notice must be given to the Director when parents wish to terminate care. Failure to comply with this policy will result in the assessment of a fee equal to two week's worth of tuition.

Guidance and Discipline Policy

Behavior Guidance

In guiding young children, our goals are to help children feel good about themselves, to help children develop self-discipline, and to help them learn to consider the needs and desires of other people. Discipline and behavior guidance used by each teacher will be constructive, positive, and suited to the developmental level of each child. In order to do this, we use the following guidelines in working with children:

1. The environment is prepared so that there are enough choices of activities and enough materials available to prevent arguments over them. Within this environment, our first step in guidance is to always model appropriate behavior for the children.
2. Rules are stated as clearly as possible and in a positive way. If a child acts inappropriately, the child is told what they should do, rather than dwelling on what they should not do. Clear and precise reasons and explanations are given for why a child is to do something. Our first action is to redirect a child to an appropriate behavior or activity. If necessary, and as a last resort, we will remove a child from the situation. A child is never threatened, hit, or shamed.
3. Choices are given only when a choice really exists for the child, but encouragement is given to the child to make decisions.
4. Cooperation is emphasized and competition is minimized.
5. It is important for children to know that it is okay to have positive and negative feelings. We help the child label and deal constructively with feelings.

Children will never be subjected to physical punishment, punishment for lapses in toilet training, or emotional abuse. This includes, but is not limited to: rough handling, hitting, shaming, using language that frightens the child, shouting at, and threatening. No child will be left unsupervised, or withheld food, light, warmth, clothing, or medical care as a punishment for unacceptable behavior. Other than to physically hold a child when containment is necessary to protect a child or others from harm, we will never use physical or mechanical restraints in dealing with a child.

Although separation from the group will be used as a last resort, it may happen at times. If your child is separated from the group, it will be documented on a Separation Log. If your child is separated from the group three or more times in one day, the parent will be notified and it will be documented that you were notified. If a child is separated five or more times in one week or eight or more times in two weeks, a special meeting will be set up with the parent, the teacher, and the Director to determine how the behavior should be handled. Children ages six weeks to 16 months are not separated as a means of behavior guidance.

Biting Policy

Our program recognizes that biting is, unfortunately, not unexpected when toddlers are in group care. We are always upset when children are bitten in our program, and we recognize how upsetting it is for parents. While we feel that biting is never the right thing for toddlers to do, we know that they bite for a variety of reasons. Most of these reasons are not related to behavior problems. Our program, then, does not focus on punishment for biting, but on effective techniques that address the specific reason for the biting. When biting occurs, we have three main responses:

1. Care for and help the child who was bitten

2. Help the child who bit learn other behavior
3. Work with the child who bit and examine our program to stop the biting

Our teachers express strong disapproval of biting. They work to keep children safe and to help the child who bit learn different, more appropriate behavior. We do not and will not use any response that harms a child or is known to be ineffective.

We give immediate attention and first aid to children who are bitten. We wash the wound with soap and water and put ice on the affected area.

When children are bitten, their parents are informed personally that day. We will not, however, tell you who has bitten your child. If the bite is on the face or has broken the skin, we will call you during the day to inform you that a particularly noticeable bite has occurred on your child. You are then to alert your doctor, in case they have any precautions they would like you to take. In either scenario, biting is always documented on our standard incident report form. It is completed and signed by the teacher and must also be signed by you. The form is then kept in your child's file and a copy is given to you as well.

When we experience ongoing biting, plans are discussed between the teachers and the Director with specific strategies and techniques to help combat the biting. We will always keep the name of the child who bit confidential to avoid labeling of the child and to give teachers the opportunity to use their time and energy to work on stopping the biting.

Toys from Home

We ask that toys from home not be brought into the Center, except for specific Show and Tell Days or other specific events. The staff is not responsible for items lost or broken. Children may bring in comfort items for naptime as needed.

Dismissal of a Child

We believe that parents and teachers must work together to deal with persistent behavioral issues such as biting and unusual or dangerous aggression. Anytime a child appears to be unusually stressed, anxious, or otherwise motivated to engage in negative behaviors, a meeting will be called to discuss further options for working with your child. We will make every effort to provide a program that meets the needs of each child.

However, sometimes it may be impossible to meet the needs of a child and family. If after working with the child and family, we do not believe it is in the child's best interest to remain at the Center, we will ask the family to make other arrangements for care. The decision to dismiss a child from the Center shall be at the sole discretion of the Director.

The Director may require a parent to take their child out of the Program if the parent refuses to follow the policies as described in this handbook.

Our Partnership with Parents

Program Communication

Daily Reports: Daily reports are filled out for each child and are to be picked up by the parents when they come to pick up their child. These reports include information about your child's food intake, sleeping patterns, diapering or toileting, and general behavior. They also include something special that your child did that day, and/or important information that you need to know.

Newsletters: The Parent Newsletter is distributed on a monthly basis. Copies of the newsletter will be placed in your child's note slot at the beginning of every month. These newsletters have

designated information for each classroom, as well as information from the Director. We highly encourage you to read the newsletter for any new or special events planned for that month.

Conferences: Formal conferences are offered twice a year for all of the classrooms, once in the Spring and once in the Fall. These conferences are optional, but we do encourage you to sign-up to discuss your child's growth and development. During these conferences, your child's physical, social, emotional, intellectual, and spiritual welfare will be discussed. A written conference form will be filed in your child's permanent file here at the Center. If at any time you feel that you need a conference with your child's teacher, or the Director, please feel free to call them and set up an appointment. If your child's teacher feels that an unscheduled conference is necessary, they will call you and set up an appointment with you.

Special Events: Periodically during the year, special events will take place at the Center. These events include, but not limited to: a Christmas Program, a Summer Family Picnic, a Preschool Graduation, and Mother's and Father's Day activities. We also have special events for just the children. All of these activities are outlined in the lesson plans and newsletters, and more specific information is given out as they arise.

Parent Input

We want to maintain open communication at all times with the parents of our enrolled children. We encourage you to give us feedback on our program and planned activities. At all times we hope you will feel free to speak with any of us about a concern or complaint. Please speak to the teachers directly in order to settle a situation or grievance. If you cannot find resolution at this point, please speak to the Director. We wish to serve you in the best way possible. Your input and needs are important to us as we try to provide the best possible care of your child. If at any time you wish to visit the Center to see your child, please feel that you are always welcome.

Please feel free to call or email at any time to speak with the Director or your child's teacher. We will make every effort to notify you via phone, email, or written communication whenever a situation arises that we feel you should be aware of.

To help keep the Center running at top efficiency, a written evaluation will periodically be given to parents to fill out. This evaluation will be an assessment of the Center's physical environment, the Center staff, the program, health and safety, and discipline procedure.

Grievance Procedure

During the course of your child's attendance at HNCCCC, there may arise a problem that the parent feels should be corrected. The parent is to bring the problem first to the co-teacher of their child's room. If the problem is not resolved to the parent's satisfaction, the problem is to be presented to the Director. The goal of these discussions is to resolve the problem. However, if a resolution is not reached through this procedure, the parent may discuss the problem with the Holy Nativity Lutheran Church Senior Pastor. The Pastor will evaluate the grievance and make a final decision as to the plan of action. The entire grievance process is to take no longer than two (2) weeks to make a final resolution.

Parental Permission for Field Trips and Chaperones

Periodically throughout the year, the Preschool children will go on field trips. Written parental permission for these trips will be obtained before the children leave the Center. Children will be transported via school bus or by walking. A fee is required for the cost of the field trips. Please remember that if you decide not to send your child on a field trip, you must make alternate arrangements for their care while their class is gone. The Center cannot provide care for those children not attending a field trip.

Our goal for our students is to experience the world in the safest manner possible. When traveling on a field trip away from our school, it is our goal to have a minimum of one (1) adult per three to

four (3 - 4) children from the preschool room, whenever possible (except when adult tickets are restricted by theatre or agency). When signing up to chaperone one of our field trips, you can expect to be responsible for several other children besides your own. The children should be monitored at all times within sight and sound of chaperones, and holding hands whenever appropriate moving from one location to another. If a parent has repeated difficulty monitoring a child, bring it to the immediate attention of a staff member. If you feel that you are unable to fulfill these responsibilities, bring it to the immediate attention of your child's teacher. Please remember that when you chaperone a field trip, you are responsible for the children in your group. For that reason we ask that you do not talk on or use a cell phone, PDA, etc.

Our Expectations for Parents

As professional educators, we strive to meet and exceed your expectations. Listed below are expectations that we have of you as parents in order to provide the best quality care for you and your family.

1. Make sure that you sign your child in and out on a daily basis.
2. Read all materials that are sent home with your child. These include: daily notes, newsletters, emails from the Director, and anything that is posted in your child's classroom or on the Center white board.
3. Provide the following items for your child on a daily, weekly, or as needed basis: blankets, at least three changes of seasonal clothes, and personal care items (i.e.: diaper ointments, sunscreen, diapers, etc.).
4. If your child is ill, coming in late, or not at all, make sure that you call your child's teacher to let them know, preferably by 9:00 A.M.
5. Attend parent-teacher conferences when they are offered. If you have questions or concerns about your child, do not hesitate to ask for a conference with your child's teacher.
6. Keep the Center up-to-date on changes in any Emergency Information (new phone numbers, addresses, etc.), new allergies to foods or medications, and immunizations.
7. Your child is your responsibility while you are in the Center. Make sure that you know where they are at all times.
8. Help your child learn respect for staff, families, equipment, materials, and you by modeling that behavior yourself.

Health and Safety Policies and Procedures

Physical Examinations and Immunizations

HNCCCC must comply with the Minnesota State Immunization Law regarding immunizations and regular physical examinations. The Health Care Summary Form must be signed by your health care source and be on file at the Center on the first day of your child's enrollment.

Written verification of immunization for D.P.T., polio, measles, rubella, mumps, HIB, and Hep B must be presented to the Director prior to the first day at the Center. It is required that the Health Care Summary Form be updated and given to the Director as children move to a new room (i.e.: infants to toddlers).

Standard Exclusion Policies of Ill Children

In order to minimize the spread of illness, HNCCCC has developed an illness exclusion policy for all families to follow. When children arrive at the Center, the teachers greet them and do a quick

assessment to determine that the child is healthy. If during the quick health assessment the teacher feels that the child is ill and should not be at the Center, the child will have to be taken home and exclusion guidelines followed. If your child becomes ill or has to be excluded from the Center according to the HNCCCC illness exclusion policies, you will be called to pick up your child. HNCCCC requires that you pick up your child within ONE (1) HOUR of being called. If your child is not picked up within one hour of you being contacted, we will then call the emergency contacts listed on the child's emergency contact form in their file. Parents are encouraged to establish a plan for back up care should their child be ill or become ill while at the center.

Certain symptoms in children may suggest the presence of a communicable disease. If a child has to be excluded for the possibility of a communicable disease or the certain presence, he/she can return:

1. If a doctor has certified that the symptoms are not associated with an infected agent; or
2. The symptoms have subsided and the guidelines in the policies have been followed.

HNCCCC will exclude children with one or more of the following symptoms:

1. **Reportable Condition**—One that the Commissioner of Health determines to be contagious.
2. **Illness**—One requiring more care than the program can provide without compromising the health and safety of others.
3. **Fever**—Axillary (under the arm) of 100 degrees or higher (Note: when taking a temperature under the arm, one degree is added to get the actual temperature). Your child must be excluded from HNCCCC for a minimum of 24 hours fever free without the aid of medication.
4. **Diarrhea**—Three or more episodes that are not contained by diapers or toilet use. Your child may return to HNCCCC after stools are back to normal without medication.
5. **Vomiting**—One episode. Your child may return to HNCCCC 24 hours after vomiting stops.
6. **Eye Drainage**—Abnormal drainage from child's eye. We will ask that a physician's exam rules out pink eye or other infectious diseases. Your child may return to HNCCCC with a physician's note ruling out an infectious illness. If your child is diagnosed with pink eye, he/she may return to HNCCCC after 24 hours of administering medication. Furthermore, HNCCCC will require a new prescription with each incident of pink eye.
7. **Abnormal Rash**—If your child has an abnormal rash, HNCCCC will require a physician's exam to rule out a contagious illness. Child may return with physician's approval.
8. **Unusual Color of Skin, Eyes, Stool or Urine**—HNCCCC will require a medical exam to rule out an infectious disease. Child may return with physician's approval.
9. **Lethargy or Unusual Behavior**—If your child is unable to participate in daily activities of HNCCCC (including outdoor play time). Your child may return when normal activity level resumes.
10. **Respiratory Symptoms**—Labored, rapid breathing, or severe coughing; child makes high pitched croupy or coughing sound after they cough or child is unable to lie comfortably due to continuous cough. Your child may return when coughing is under control.

Communicable Disease Policy

Parents are asked to notify the Director within 24 hours if their child has been diagnosed with any communicable disease. The Director will notify all parents when the children in the program have been exposed to a communicable disease. The Director will notify the Commissioner of Health within 24 hours when any illness or condition specified by law is present in the Center.

Specific Disease Exclusion Guidelines

Please note: when it states "until fever is gone", you are to abide by the 24 hour fever free without the aid of fever-reducing medication rule. Also, if we as Center staff do not believe your child to be well enough to participate in routine activities (including outdoor play), we have the ultimate authority to exclude them from attending or send your child home, even over a doctor's opinion.

ACUTE BRONCHITIS/ BRONCHIOLITIS	Until fever is gone and the child is well enough to participate in routine activities.
CAMPYLOBACTERIOSIS	Until diarrhea has stopped.
CHICKEN POX	Until all the blisters have dried into scabs; about six (6) days after rash onset.
CONJUNCTIVITIS (PINKEYE)	Bacterial – until 24 hours after treatment begins. Viral – until a letter from a physician is provided to verify that the child does not have bacterial conjunctivitis.
CROUP	Until fever is gone and child is well enough to participate in routine activities.
CRYPTOSPORIDIOSIS	Until diarrhea has stopped.
CYTOMEGALOVIRUS (CMV)	No exclusion is necessary.
DIARRHEA	Generally, until stool returns to normal form. Each specific disease situation needs to be evaluated on an individual basis.
E-COLI	Until two stool cultures obtained at least 24 hours apart have tested negative for E. coli O157:H7.
ENTEROVIRAL INFECTION	For children with diarrhea and/or vomiting, until diarrhea and/or vomiting has stopped.
FIFTH DISEASE	No exclusion is necessary.
GIARDIASIS	For those with diarrhea only: Until the child has started treatment and diarrhea is no longer present.
HAEMOPHILUS INFLUENZAE TYPE B (Hib) DISEASE	Until the child has been treated and is well enough to participate in routine activities.
HAND, FOOT, AND MOUTH	Until fever is gone and child is well enough to participate in normal daily activities (sores may still be present).
HEAD LICE	Until first treatment is completed and no live lice are seen (nits are NOT considered live lice).
HEPATITIS A	Consult with your local or state health department. Each situation must be looked at individually to decide if the person with Hep A can spread the virus to others.
HEPATITIS B	Children who have the Hep B virus in their blood may attend childcare unless they have unusually aggressive behaviors (e.g. biting), oozing sores that cannot be covered, or bleeding problems.
HEPATITIS C	Children who have the Hep C virus in their blood may attend childcare unless they have oozing sores that cannot be covered or bleeding problems.

HERPES, ORAL INFECTION	Until those children with a primary infection who do not have control of their oral secretions no longer have active sores inside the mouth. No exclusion necessary for children who have recurrent infections (fever blisters or cold sores).
HIV/AIDS	See HIV fact sheet on pages 105 - 106 of the Hennepin County Community Health Department Epidemiology and Environmental Health infectious disease handbook.
IMPETIGO	Until treated with antibiotics for 24 hours and sores are drying or improving.
INFLUENZA	Until fever is gone and the child is well enough to participate in routine activities.
LACROSSE ENCEPHALITIS	No exclusion is necessary.
LYME DISEASE	No exclusion is necessary.
MEASLES	Until four (4) days after the rash appears.
MENINGOCOCCAL DISEASE	Until the child has been on appropriate antibiotics for at least 24 hours and is well enough to participate in routine activities.
METHICILLIN-RESISTANT STAPHYLOCOCCUS AUREUS (MRSA) COLONIZATION AND INFECTION	If draining sores are present.
MOLLUSCUM CONTAGIOSUM	Children with visible lesions should not participate in close contact activities such as wrestling or swimming.
MONONUCLEOSIS	Until the child is well enough to return to routine activities.
MUMPS	Until nine (9) days after swelling begins.
PERTUSSIS	Until five (5) days after appropriate antibiotic treatment begins.
PINWORMS	Until 24 hours after treatment has been started.
PNEUMOCOCCAL INFECTION	No exclusion is necessary.
PNEUMONIA	Until fever is gone and the child is well enough to participate in routine activities.
RESPIRATORY INFECTION (VIRAL)	Until fever is gone and the child is well enough to participate in routine activities.
RESPIRATORY SYNCYTIAL VIRUS (RSV) INFECTION	Until fever is gone and the child is well enough to participate in routine activities.
RINGWORM	Until 24 hours after treatment has been started.

ROSEOLA	Provided that other rash illnesses, especially measles, have been ruled out, the child may return when the fever is gone.
ROTAVIRAL INFECTION	Until diarrhea has stopped.
RUBELLA (GERMAN MEASLES)	Until seven (7) days after rash appears.
SALMONELLOSIS	Until diarrhea has stopped.
SCABIES	Until 24 hours after treatment begins.
SHIGELLOSIS	Until 24 hours after treatment with antibiotics has been started and diarrhea has stopped.
SHINGLES (ZOSTER)	None, if blisters can be covered by clothing or bandages. If blisters cannot be covered, people should be excluded until the blisters have crusted.
STAPH SKIN INFECTION	While draining sores are present.
STREPTOCOCCAL INFECTION (SORE THROAT, SCARLET FEVER, PERIANAL CELLULITIS)	Until 24 hours after antibiotic treatment begins and until the child is without fever.
TUBERCULOSIS	Consult with the local or state health department.
VANCOMYCIN-RESISTANT ENTEROCOCCI (VRE) COLONIZATION AND INFECTION	No exclusion is necessary.
VIRAL GASTROENTERITIS	Until diarrhea and vomiting have stopped.
VIRAL MENINGITIS	None, unless the child has a fever, diarrhea, or is unable to participate in routine activities.
WARTS	No exclusion is necessary.
YEAST INFECTION (THRUSH/DIAPER RASH)	No exclusion is necessary.

Medication Administration and Storage

1. Prescription Medication

No prescription medication will be given without written authorization from the child's physician or dentist. Medication can be given only as prescribed. We can only use prescription medication that has your child's name and current prescription information (name of doctor, prescription number, name of medication, date dispensed, and instructions for use) on the label. This includes vials for nebulizers. Please bring all medication in the original box with a legible label. These directions must be followed as prescribed. If there is an expiration date on the label, the medication will not be given beyond this date. Parents must write medical instructions on the Prescription Medication Authorization/Administrative Form and sign it before a teacher can administer ANY medication.

2. Nonprescription Medication

We follow manufacturer's directions on all medications, unless differentiating instructions are accompanied by a doctor's authorization. This means that Tylenol (and the like) need to be accompanied by a doctor's authorization for children under two years of age. Parents must write medicinal instructions on the Non-Prescription Medication Authorization/Administration Form and sign it before a teacher can administer ANY medication.

3. Physician's Notes

Prescriptions and doctor's notes are only good for two weeks and for each separate instance of needing the prescribed medication. If your child needs to be on medication longer than two weeks, we will need a new doctor's note or an Individualized Child Care Plan (see the following).

4. Individualized Child Care Plans (ICCP)

If your child needs to be on a long-term health care plan (i.e. severe allergies; asthma; special needs), we will need the doctor to complete an ICCP form. These forms need to be updated every year, or sooner if your child's prescription changes. An individualized care plan will be coordinated with either the service plan, education plan, and/or with the physician, psychiatrist, or psychologist. The parents must be involved and approve all aspects of the planning. In order for a HNCCCC staff member to be involved in an IEP (Individualized Education Program) or IFSP (Individual Family Service Plan), the parents MUST request their presence.

If your child should swallow or eat anything that is poisonous while at the Center, the Poison Control Center will be notified immediately. The Center would then follow all directions that Poison Control would give. Syrup of Ipecac is not given at the Center.

Medication is stored in the following ways:

1. Non-refrigerated medications are stored in a sealed bucket, which is located the toddler and preschool classrooms in secure cabinets. Infant medications are stored in individual cubbies.
2. Refrigerated medications are placed in a labeled Ziploc baggie and stored in the sealed bucket in the refrigerator.

Sudden Infant Death Syndrome Policy

Sudden Infant Death Syndrome is defined as the sudden and unexplained death of an otherwise healthy infant less than one (1) year of age. In 1999, the Consumer Product Safety Commission, the American Academy of Pediatrics, and the National Institute of Child Health and Human Development, revised their recommendations on how to put children less than twelve (12) months of age to sleep. Their recommendation is for children of this age to sleep on their backs with no soft toys, bumper pads, or blankets in their crib.

To provide the best possible care for your child, HNCCCC recognizes the importance of placing children on their backs to sleep. While your child is enrolled here, they will be placed on their backs to sleep. Your child may still use a blanket, but it has to be large enough to allow the blanket to be tucked under your child's mattress to prevent the blanket from moving to your child's face, and must only be of one-ply thickness. If you choose to, a sleep sack may be used in place of a blanket. A sleep sack allows you to place the child in the sack before going to sleep in place of a blanket. We also will not allow any soft material (stuffed animals, bumper pads, etc.) in your child's crib. If your child has a medical reason to not sleep on their back, a doctor's order stating the condition and recommendation must be obtained and placed in your child's file.

Pets

At the present time, there are no animals at the Center. Should an animal be considered in one of the rooms, a check of the children's files would be done to determine if there are any allergies or

asthma-related problems to certain animals. Therefore, it is important that your child's file reflects any allergies or asthma-related problems with animals.

Public Health Nurse

Once a month, our public health nurse from Health Consultants for Child Care visits the Center and talks with the Director and/or classroom teachers. If you have a concern about your child's nutritional, developmental, or physical needs, please contact your child's teacher, who will then contact the nurse for you.

Emergency Procedures

Procedure Concerning Injured Children

All full-time staff at the Center are trained in First Aid and CPR every three years. If your child receives a minor cut or abrasion while at the Center, their teacher will wash the area with soap and water, apply ice, and provide a band-aid. Any further treatment of the wound must be done at home. If your child's teacher feels that the wound requires medical attention, you will be notified. Every accident is recorded on an Accident Report Form and one copy is given to families to take home. The original copy is kept in your child's permanent file.

Accidents

If a serious accident occurs and the child requires immediate medical attention, an attempt will be made to reach the parents or the emergency contacts of the child. If none can be reached, the paramedics will be called and the child will be taken to North Memorial Medical Center's Emergency Room. A teacher will accompany and stay with the child until a parent arrives. Staff other than the Director are not authorized to transport children.

Snow

In the event of a severe snowstorm, HNCCCC will close when Robbinsdale District 281 closes for bad weather. Please listen for the complete closing of District 281 on WCCO 830 AM. Parents are requested to call the Center in the event that their child will not be attending school that day due to bad weather. Parents may be phoned during the day and asked to pick up their child if road conditions are hazardous enough to warrant early closing of the Center, or if District 281 closes early or cancels afternoon activities. A staff member will remain at the Center until an authorized person has picked up every child.

Storms

In the event of a weather emergency such as a tornado or severe storm warning, the staff will follow the evacuation procedures listed below:

Infants - Infants will be placed into reinforced Emergency Cribs, four (4) infants per crib, and will be wheeled into the main hallway.

Toddlers and Preschoolers - All children will be escorted into the main hallway, where they will be seated against the walls and instructed to place their heads into their laps.

All children will remain in the shelter area until the Director or teacher in charge gives the all-clear signal. This signal will be determined by weather instructions given by radio station WCCO 830 AM or by the signal ceasing. A weather radio and main first aid bag will be brought into the emergency shelter.

The children are familiar with this procedure, as unannounced tornado drills are practiced once a month from April to October.

Fire

In the event of a fire at the Center or in the Church, the staff will follow the evacuation procedures as listed below:

Infants – Infants will be placed into reinforced cribs, four (4) per crib, taken out the fire exit, and proceed to the middle of the parking lot. There are three (3) reinforced cribs in the infant room.

Toddlers – All children will be escorted out the back exit door and into the middle of the parking lot.

Preschool – All children will be escorted out the main exit door and into the middle of the parking lot.

In the event that it is too cold outside or the building is being destroyed, all children will be taken to the Perrigo laboratory building (across the parking lot) where they will stay until the Director or teacher in charge gives the all-clear signal or further directions are given.

The children are familiar with this procedure, as unannounced fire drills are practiced once a month.

Chemical or Biological Terrorism

In the event of a chemical or biological terroristic attack, the **fire evacuation** procedures would be used. All children will be taken to the Perrigo laboratory where emergency personnel will give any further directions. If there is time, staff members will have their cell phones with them so emergency calls can be made after the children are secure. Also, if possible, the director will change the message on the answering machine to reflect the change in building location. Location to another building would only be done in response to direction given by Emergency Medical Personnel or other Emergency Professionals.

Pandemic Flu Policy

Our program recognizes that, unfortunately, illness among children in group care is all but certain. We take widespread preventative measures to combat illness: frequent hand washing, teaching the proper way to cover your coughs/sneezes, daily and weekly washing of all toys/equipment, extensive sick policies, etc. Sometimes, however, all those measures are not enough and an illness does infect many children and staff. In the event that there would be a pandemic flu outbreak in the Center, the following is the broad policy for dealing with an outbreak: We will remain open as long as we have enough staff to care for the children in our care. If at any time we do not have enough healthy staff to care for the children in our Center, we will close and reopen as soon as the staff force is well enough to return (generally 5-7 days is recommended). Therefore, we encourage all parents to have back-up care in place if we are closed for any period of time. We also encourage all parents to get themselves and their children their yearly flu shots, as well as any special flu shots (i.e. H1N1). If your child does come down with influenza, the Minnesota Department of Health is recommending that you keep your child home until seven (7) days after the symptoms first appeared or 24 hours after a child's symptoms go away (whichever is longer). If at any time the State of Minnesota (i.e. Minnesota Department of Health or another government agency) calls for the closing of all Early Childhood Centers or creates a specific plan for dealing with such outbreaks, we will comply with their requests. All closings and consequences of a closing are at the discretion of the Director, who will remain in constant contact with parents via email and phone.

Safety Checks

We regularly check recall notices for toys and our cribs to ensure the safety of the children. All broken or dangerous toys are thrown away immediately.

Building Security

For the safety of our children, we take every precaution to monitor the doors that access our space, and we reserve the right to screen visitors. Please contact any staff member if you suspect the presence of any unknown person in or near our facility. Please do not allow anyone else to use your key card, and report lost or stolen key cards immediately so that they can be taken out of the system.

Nap and Rest Policy

Infant Naps

Infants will nap according to their sleep patterns and behavior. A record of naps will be provided to parents on a daily basis. Each child will be provided with a separate crib and crib sheet, which is laundered weekly or as needed. A monitor is on at all times and is located in the crib room and in the Infant Room. In addition, sleep checks are conducted every ten minutes. Please see the SIDS Policy for more information.

Preschool and Toddler Naps

As an alternative to noisy and involved activities, naps are an important part of the daily program. Naps in the Preschool and Toddler Rooms are after lunch, and can last from one to two hours, depending on how long each group sleeps on a particular day. We request that each child lie on their cot, read softly, or just enjoy the quiet. We have found that most children need the rest and will easily fall asleep within one half-hour. If your child does not fall asleep after half an hour, they will be allowed to get up and do quiet activities or play in the large motor area. Please make sure that your child has a blanket for naptime. These blankets are to be brought home to be laundered once a week.

While no child likes a break from play, we ask that you help your child understand that naptime is a quiet time. Please help us by referring to it as rest time. This may help your child adjust to the transition from play.

Dress for School

Daily Clothing

Think of your child's comfort and provide clothing that is free from complicated fastenings. Expect toileting accidents if the clothing cannot be removed quickly by the child or adult. Remember that messy art materials and other dirt-producing activities are part of the education for young children. Provide clothing that is washable. Dress your child in everyday clothes that you do not mind getting stained since we will not replace clothing. Think of our (pea-rock) playground and provide clothing that is sturdy. Dress your child in sturdy shoes that allow active play; tennis shoes are strongly recommended and flip-flops/crocs are highly discouraged. Think of the changeable Minnesota weather and the fact that even though the sun may be bright and warm at 9:00 A.M., it might be cold and windy at 10:00 A.M. Provide sweaters and jackets even on the first days of spring and the last days of summer. It is much easier to remove an unneeded garment than to not allow your child's participation in the Center's activities. Provide a suitable head covering when needed. Common sense should rule. Think of how you would feel in your child's clothes when you dress them in the morning.

DRESS YOUR CHILD APPROPRIATELY FOR THE POSSIBLE WEATHER CONDITIONS AND CHANGES.

Extra Clothing

Parents must provide three (3) complete changes of clothing at all times in their child's cubby. This includes socks, undershirts, onesies, underwear or panties, shirts, and pants. All extra clothing may be stored in your child's cubby unit in their classroom. If your child has soiled clothing, the dirty clothes will be put in a plastic bag, labeled, and put back into your child's cubby. Remember to bring in another set of clothes the following day. Label ALL clothing items with your child's initials. We are not responsible for lost, stolen, or misplaced items. The Center does have extra clothes for emergencies only. Repeated misuse of this policy will result in a call to have you bring in clothes for the day. Please return all extra clothing, laundered, as soon as possible.

Outdoor Play

Outdoor play is part of the program throughout the entire year. Children should come prepared for such activities during all seasons of the year. All children in attendance are considered well enough to participate in outdoor activities. Part of the summer program is water play. Parents should supply their child with a swimsuit and a towel daily for this activity. For sanitation reasons, we request that towels and swimsuits be brought home daily.

Specific details concerning outdoor activities during the various seasons will be communicated through the newsletter or posted in your child's room.

When you pick up your child for the day while we are playing outside, please make sure that you notify a teacher that your child is leaving for the day.

A good way to help your child with self-help skills is to allow them to put on their own shoes, coats, snow pants, boots, hats and mittens. Gentle encouragement from you will help your child learn to do these tasks by themselves.

Temperature and Suggested Clothing Chart

Below 10 degrees F. (including wind chill) and rainy days – we do not play outside.

10 through 40 degrees F:

- Snow pants and warm jacket
- Warm hat, hood with ties, or both
- Mittens or gloves
- Snow boots

40 through 55 degrees F:

- Warm jacket
- Warm hat or hood
- Mittens
- Snow pants (if teachers feel them necessary)
- Snow boots (if teachers feel them necessary)

55 through 70 degrees F:

- Light jacket
- Hat or hood

70 degrees F and above:

- Indoor clothing
- Hat

These are simply guidelines and individual discretion will be necessary as weather changes are forecast.

Please send appropriate clothing for outdoor play each day for each season. We will make sure your child is properly dressed with the items you supply. **Every personal belonging of your child must be clearly labeled with your child's first and last name in permanent marker on the label.** Put legible labels on **all** outer garments, including hats, mittens, and boots. If your child's clothes are not marked, it is difficult to determine whose mitten we have found.

Toilet Training

Toilet training is part of the toddler program. The toddler teachers will be a tremendous help to you while going through potty training. Talk to them about the signs of readiness and also ask for suggestions that will help you train your child. Teachers will watch for the "window of opportunity" in readiness and will suggest training when signs are given. At this time, you will have a discussion with the toddler teachers about beginning the potty training process. The

process will be a success only if it is a joint effort. Continued contact between parents and staff is necessary.

The Center staff feel strongly that children who are toilet training should wear underwear or panties. Once the potty-training process is going smoothly and the child has grasped the idea of toileting, children must be brought to the Center in underwear or the staff will not help train them. Parents are asked to send three or more complete changes of clothing for the child in case of accidents, including at least one pair of extra shoes.

We will not hold a child back from moving up to the Preschool Room if they are not potty trained, but we do expect that a reasonable attempt has been made at home. Some children are physically not ready to be trained before three. We will work with you every step of the way to help not only the child, but the parent as well. Until a Preschool child is fully potty-trained (including during naptime), the family will continue to pay the Toddler tuition rate.

At every age, diapers and diaper ointment are provided by the parents. We provide a supply of wipes.

Meals and Snacks

WE ARE A PEANUT/TREE NUT FREE CENTER.

Please do not bring any contaminated items into the Center. This includes items that have been “processed on equipment that processes peanuts”.

Withholding of snacks or meals from children is never practiced as a method of discipline. In the same way, food is not used as a reward. Children are taught that food is something we eat for nourishment and good health.

Holy Nativity Christian Child Care Center participates in the Federal Milk Program. At all meals, whole milk is provided for Infants over one year of age and for Toddlers, and two-percent milk is provided for Preschool children. This program still needs to meet all the requirements of the Child and Adult Care Food Program (CACFP) listed below.

Toddler and Preschool Meal Pattern Requirements

CACFP homes and centers must follow meal requirements established by the USDA:

Breakfast	Lunch	Snack
Milk Fruit or Vegetable Grains or Bread	Milk Meat or Meat Alternate Grains or Bread Two Different Servings of Fruits or Vegetables	Milk Meat or Meat Alternate Grains or Bread Fruit or Vegetable

Breakfast

Breakfast is served at 9:00 A.M. in the Toddler and Preschool classrooms. Breakfast is provided by HNCCCC and it consists of cold cereal, fluid milk, and 100% apple juice. Those children that arrive at school early in the morning will need to have eaten something before they arrive to school, as breakfast is mid-morning. Those that arrive after breakfast has been served also need to have eaten before they come to school.

Lunch

Lunch is served at 11:30 A.M. in the Toddler and Preschool classrooms. There are two options for lunch: a cold sack lunch brought in by one's family, or a hot catered lunch. When bringing in a cold lunch, you will need to follow the USDA nutritional guidelines as outlined above. Please bring your child's lunch in a lunch box labeled with their first and last names and place it on the cart in the hallway. It will then be stored in the refrigerator until lunchtime. We cannot warm up any foods that are brought in; it will be served cold. A list of bag lunch suggestions can be obtained from the Director.

When choosing a catered lunch, it will be provided by Premier Kitchen, Inc. All hot lunches are age-appropriate and follow USDA guidelines. More detailed information about Premier Kitchen, Inc. can be obtained from the Director. A monthly menu is sent home a couple weeks in advance of the month, along with an order form. Each hot lunch costs \$2.00 per day. If you would like to order hot lunch, you will return the order form and check (payable to HNCCCC) by the due date indicated on the order form.

Snack

Snack is served at 3:15 P.M. in the Toddler and Preschool classrooms. Snack is provided by HNCCCC and consists of two of the four components listed above.

Infant Meal Pattern Requirements

CACFP homes and centers must follow the meal requirements established by the USDA:

Infant Ages	Breakfast	Lunch	Snack
Birth to Three Months	4 - 6 oz. of formula or breast milk	4 - 6 oz. of formula or breast milk	4 - 6 oz. of formula or breast milk
Four to Seven Months	4 - 8 oz. of formula or breast milk; and 0 - 3 T. of infant cereal	4 - 8 oz. of formula or breast milk; and 0 - 3 T. of infant cereal; and 0 - 3 T. of fruit or vegetable or both	4 - 6 oz. of formula or breast milk
Eight to Eleven Months	6 - 8 oz. of formula or breast milk; and 2 - 4 T. of infant cereal; and 1 - 4 T. of fruit or vegetable or both	6 - 8 oz. of formula or breast milk; and 2 - 4 T. of infant cereal; and/or 1 - 4 T. of meat, fish, poultry, egg yolk, cooked dry beans or peas; or 1/2 - 2 oz. of cheese; or 1 - 4 oz. of cottage cheese; or 1 - 4 oz. of cheese food or cheese spread; and 1 - 4 T. of fruit or vegetable or both	2 - 4 oz. of formula or breast milk, or fruit juice; and 0 - 1/2 bread or 0 - 2 crackers

In the Infant Room, the parents are responsible for bringing in all meals and snacks for their infant. You must bring in all food, formula, and snacks. The Center has a limited and varying

supply of food items such as: puffs (all flavors), cereal (Cheerios, Kix, etc.), crackers (graham, Club, saltines, etc.), fruit (peaches, mandarin oranges, applesauce, etc.), and other such age-appropriate snacks. These are given in addition to what families provide, and are not to be considered a full meal. Whole milk is provided when the child is one year old.

Infant diets are determined by the parents and infants will be fed in accordance with written dietary instructions by the parents. Parents are responsible for informing their child's teacher when dietary changes are made. Each new food item needs to be tried by your child three to five times at home BEFORE being brought into the Center for use. An Infant Parent Foods Consent Form is to be filled out each time your child is to have a "new" food item at school. These forms are kept on file in the Infant classroom.

Bottle Preparation Guidelines

Guidelines for preparing bottles at home to be brought into the Center can be obtained separately from the Director.

Nursing mothers are welcome to come in during the day to nurse their infant. A private space will be provided if desired. Teachers are also very willing to support breast-feeding by handling "pumped" and pre-bottled breast milk.

Allergies

Please make us aware of any and all allergies or special dietary needs that your child has. Food allergies and special dietary needs for toddlers and preschoolers will be posted in the kitchen and will be written on the meal plan in the classroom for infants. HNCCCC is a peanut and tree nut free Center. No items should be brought into the Center that are contaminated with such items. We cannot accommodate for any other allergies, and, if needed, separate food items for children with all other food allergies will need to be provided by the parents. Similarly, special dietary needs and deviations will need to be discussed and provided for by the parents.

Birthday Parties

Children's birthdays may be celebrated at the Center. Birthdays and special events are times when parents may want to send special treats to school. Health Department rules require that all items that are sent must be store bought and packaged. Food that requires special preparation, such as crackers and frosting or fruit to slice, must be sent to school in sealed containers and prepared at school. It is up to the parent if they wish to bring party favors. If party favors are brought to the Center, they will be placed in each child's cubby to take home at the end of the day. Ice cream treats seem to be the most popular treat to bring.

If you are holding a birthday party for your child outside of the Center and wish to invite your child's friends from school, please heed the following: invitations can only be given out at school if ALL children in your child's class are invited. If you wish to invite only certain children, you are responsible for sending invitations to them outside of the Center. This is to avoid hurt feelings by both children and parents.

Child Abuse

All staff members at HNCCCC are mandated by state law (Minnesota Statutes 626 556 Subdivision 3) to report child abuse. This means that if they "know or have reason to believe" that a child is being physically or sexually abused or neglected, they are required by law to contact Hennepin County Child Protection Services or the county of the child's residency to report verbally and in written form the child's name, the name of the alleged perpetrator (if known), the extent of injuries, and the reporter's own name.

The following is information that is required by the State of Minnesota to inform parents on how and where to report suspected child abuse or neglect. If you have any questions, please talk to the Director.

Maltreatment of Minors Mandated Reporting Policy for DHS Licensed Programs

Who should report child abuse and neglect?

1. Any person may voluntarily report abuse or neglect.
2. If you work with children in a licensed facility, you are legally required or mandated to report and cannot shift the responsibility of reporting to your supervisor or to anyone else at your licensed facility. If you know or have reason to believe a child is being or has been neglected or physically or sexually abused within the preceding three years you must immediately (within 24 hours) make a report to an outside agency.

Where to report

1. If you know or suspect that a child is in immediate danger, call 911.
2. All reports concerning suspected abuse or neglect of children occurring in a licensed facility should be made to the Department of Human Services, Licensing Division's Maltreatment Intake line at 651.297.4123.
3. Reports regarding incidents of suspected abuse or neglect of children occurring within a family or in the community should be made to the local county social services agency at CHILD PROTECTION 612.348.3552 or local law enforcement at 763.531.5170.
4. If your report does not involve possible abuse or neglect, but does involve possible violations of Minnesota Statutes or Rules that govern the facility, you should call the Department of Human Services, Licensing Division at 651.291.3971.

What to report

1. Definitions of maltreatment are contained in the Reporting of Maltreatment of Minors Act (Minnesota Statutes, section 626.556) and should be attached to this policy.
2. A report to any of the above agencies should contain enough information to identify the child involved, any persons responsible for the abuse or neglect (if known), and the nature and extent of the maltreatment and/or possible licensing violations. For reports concerning suspected abuse or neglect occurring within a licensed facility, the report should include any actions taken by the facility in response to the incident.
3. An oral report of suspected abuse or neglect made to one of the above agencies by a mandated reporter must be followed by a written report to the same agency within 72 hours, exclusive of weekends and holidays.

Failure to report

A mandated reporter who knows or has reason to believe a child is or has been neglected or physically or sexually abused and fails to report is guilty of a misdemeanor. In addition, a mandated reporter who fails to report maltreatment that is found to be serious or recurring maltreatment may be disqualified for employment in positions allowing direct contact with persons receiving services from programs licensed by the Department of Human Services and by the Minnesota Department of Health, and unlicensed Personal Care Provider Organizations.

Retaliation prohibited

An employer of any mandated reporter shall not retaliate against the mandated reporter for reports made in good faith or against a child with respect to whom the report is made. The Reporting of Maltreatment of Minors Act contains specific provisions regarding civil actions that can be initiated by mandated reporters who believe that retaliation has occurred.

Touch and Nurturing

Physical touching is an important part of the care and nurturing of young children. Children feel loved, accepted, and supported through the sensations of touch by nurturing adults and peers. However, physical touch should be respectful of children's body cues and only occur with their permission.

Staff members are trained to be sensitive to children's requests for physical interaction and responses. They model appropriate nurturing touches. Except for safety or cleansing, children will always have the right to refuse touch. Children are also taught to respect adults' and other children's touch preferences.

Nurturing touch is necessary for every child's emotional growth. Affectionate nurturing includes: hugging, holding on lap, rocking, carrying, rubbing or patting backs, cuddling, and hand holding. Children always have the right to refuse these touches except for safety purposes.

Personal care touch includes diapering, cleaning, dressing, feeding, and naptime routines, and is done in a gentle and respectful manner. It will also include face and hand washing, assisting with toileting, examining rashes and unusual marks, nose wiping, assisting with necessary clothing changes, and first aid treatment.

Genital areas are gently touched for purposes of cleansing and only when age appropriate.

First aid is administered by appropriately trained staff as gently as possible and always accompanied by verbal explanation and appropriate comfort.

Physical intervention occurs when necessary for the safety of children and staff, or to provide the least restrictive guidance necessary in a given situation.

Children are taught through modeling and verbal guidance to use words rather than physical interaction to settle their differences with others.

Legal Statements

Insurance Declaration

Holy Nativity Christian Child Care Center is included in the comprehensive liability policy carried by Holy Nativity Lutheran Church. Children are covered against personal and automobile accidents and injury while at the Center or on a Center-sponsored field trip through this insurance policy. The insurance coverage is in effect during the time children are signed-in at the Center.

Statement of Non-Discrimination

Holy Nativity Lutheran Church, in operating a Child Care Center, does not discriminate against anyone due to race, religion, or gender.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.)

To file a complaint of discrimination, write USDA, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call 800.795.3272 (voice) or 202.720.6382 (TTY).

USDA is an equal opportunity provider and employer.

Changes in Policies or Procedures

Licensure by the Department of Human Services sometimes requires that current policies and practices be changed at times other than January 1st of each year. Existing policies and fees are subject to change. These changes will be communicated through the monthly newsletter and mailings.

Directory of Holy Nativity CCCC Staff

Director/Teacher	Brittany Ewald, (c) 612.598.1708 BA in 5-12 Social Studies Teaching Minor in Confessional Lutheranism Secondary (Grades 5-12) Teaching License Lutheran Classroom Teacher Certification
Preschool Teacher	Sara Perry BA in Social Work
Preschool Teacher	Denise Corrigan BS in Child and Family Studies Early Childhood Education (Birth - Grade 3) Teaching License
Preschool Assistant Teacher	Kandra Kleiman BA in Communications
Toddler Teacher	Amy Laite AA in Early Childhood (CA) Early Childhood Certification (CA) Early Childhood Certification (MN)
Toddler Teacher	Kelli Hovland AA in Education, emphasis in Elementary Education
Infant Teacher	Paula Majkozak BS in Child Psychology, emphasis in Family Studies
Infant Assistant Teacher	Jennifer Franz AA in Biblical Studies
Infant Assistant Teacher	Kelsey Clausen BS in Human Development and Family Studies Minors in Leadership and Management of Non-Profit Organizations, and Sociology
Floating Aides	Adam Franz Hannah Johnson Rachael Johnston